



For research use only

950 000 0961 x 96 tests950 000 1922 x 96 tests

INTENDED USE

The Human IFN γ ELISA is to be used for the in-vitro quantitative determination of interferon gamma (IFN γ) in human serum, plasma, buffered solutions or cell culture medium. The assay will recognize both natural and recombinant human IFN γ . **IFN\gamma ELISA is for research use only.**

SUMMARY

IFN γ , also called Type II interferon, is a homodimeric glycoprotein containing approximately 21 to 24 kD subunits. The human IFN γ gene, situated on chromosome 12, contains three introns; the four exons code for a polypeptide of 166 amino acids, 20 of which constitute the signal peptide (11).

In contrast to IFN α and IFN β synthesis, which can occur in any cell, production of IFN γ is a function of T cells and NK cells. All IFN γ inducers activate T cells either in a polyclonal (mitogens or antibodies) or in a clonally restricted, antigen-specific, manner.

IFN γ is produced during infection by T cells of the cytotoxic/suppressor phenotype (CD8) and by a subtype of helper T cells, the Th1 cells. Th1 cells secrete IL-2, IL-3, TNF α and IFN γ , whereas Th2 cells main produce IL-3, IL-4, IL-5, and IL-10, but little or no IFN γ (9). IFN γ preferentially inhibits the proliferation of Th2 but not Th1 cells, indicating that the presence of IFN γ during an immune response will result in the preferential proliferation of Th1 cells (7).

Type II IFN or IFN γ is a lymphokine that displays no molecular homology with type I IFN, but shares some important biologic activities. Specifically, IFN γ induces an anti-viral state and is anti-proliferative. In addition, IFN γ has several properties related to immunoregulation.

1/ IFN γ is a potent activator of mononuclear phagocytes, e.g. IFN γ stimulates the expression of Mac-1, augments endocytosis and phagocytosis by monocytes (15), and activates macrophages to kill tumor cells by releasing reactive oxygen intermediates and TNF α (21).

2/ IFN γ induces or augments the expression of MHC antigens on macrophages , T and B cells and some tumor cell lines (3).

3/ On T and B cells IFN γ promotes differentiation. It enhances proliferation of activated B cells and can act synergistically with IL-2 to increase immunoglobulin light-chain synthesis. (8,13). IFN γ is one of the natural B-cell differentiation factors (17).

4/ Finally, IFNγ activates neutrophils, NK cells and vascular endothelial cells (6).

The role of IFNγ as a disease marker has been demonstrated for a number of different pathological situations:

- infections: IFNγ is produced during viral infections (4).

 $IFN\gamma$ is a diagnostic tool for distinguishing tuberculous from other non-tuberculous ascites (5,18).

IFN γ values in pleural fluid are significantly higher in tuberculous pleuritis patients than those in non-tuberculous pleuritis patients, with a sensitivity and a specificity of 100% (1, 2).

Therapy-induced (treatment with thalidomide) alleviation of clinical symptoms of erythema nodosum leprosum correlates with IFN γ and TNF α levels (14).

Tuberculoid leprosy patients show increased lymphocyte proliferation and IFNγ production in response to stimulation with Mycobacterium leprae as compared to lepromatous leprosy patients and healthy individuals (16).

| Issue 6 – 21-04-2009 | Page 2 of 14 |
|-------------------------|---|
| - autoimmune diseases: | Accurate measurements of cellular production of cytokines, e.g. IFN γ is important in the design and monitoring of immunotherapy of multiple sclerosis (12). |
| - transplant rejection: | Intragraft IFN γ mRNA expression occurs in active acute transplant rejection preceding clinical transplant rejection, thus offering an early diagnostic tool for detection of transplant rejection (10). |
| - allergy: | IFN γ production by isolated lymphocytes is not detectable in patients with cow's milk allergy as compared to control individuals (19). Infants who develop atopy produce significantly less IFN γ at birth compared to infants who do not develop atopy (20). |
| - diabetes: | Peripheral blood lymphomononuclear cells from newly diagnosed type I diabetes produce significantly less IFN γ in comparison to controls and long standing diabetes (4). |

PRINCIPLES OF THE TEST

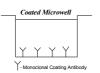
A monoclonal antibody specific for $\text{IFN}\gamma$ has been coated onto the wells of the microtiter strips provided.

During the first incubation, IFN γ present in the sample or standard and a monoclonal anti IFN γ antibody conjugated to biotin are simultaneaously incubated.

Following incubation unbound biotinylated anti-IFN $\!\gamma$ is removed during a wash step.

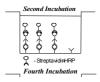
Streptavidin-HRP is added and binds to the biotinylated anti IFN γ . After incubation and a wash step a substrate solution reactive with HRP is added to the wells.

A coloured product is formed in proportion to the amount of IFN γ present in the sample. The reaction is terminated by addition of acid and absorbance is measured at 450 nm.











REAGENTS PROVIDED

| REAGENTS (store at 2-8°C) | COLOUR CODE | QUANTITY 1X96 Tests 950 000 096 | QUANTITY 2X96 Tests 950 000 192 | RECONSTITUTION |
|---|----------------|---------------------------------------|---------------------------------------|---|
| 96-wells precoated microtiter plate | | 1 | 2 | Ready-to-use |
| Plate covers | | 2 | 4 | |
| IFNγ Standard: 400 pg/ml | Yellow | 2 vials | 4 vials | Reconstitute with the volume of standard diluent indicated on the vial (see reagent preparation on page 5) |
| Control | Silver | 2 vials | 4 vials | Reconstitute with the volume of standard diluent indicated on the vial (see reagent preparation on page 5) |
| Standard Diluent Buffer | Black | 1 bottle | 1 bottle | (25 ml) 10X concentrate. Dilute in distilled water |
| Standard Diluent : human serum | Black | 1 bottle | 2 bottles | (7 ml) ready to use |
| Biotinylated anti IFN γ | Red | 1 vial | 2 vials | (0.4 ml) Dilute in biotinylated antibody diluent |
| Biotinylated Antibody Diluent | Red | 1 bottle (7 ml) | 1 bottle (13 ml) | Ready-to-use |
| Streptavidin-HRP | | 2 vials | 4 vials | (5 µI) Add 0.5 mI of HRP- Diluent before further dilutions |
| HRP Diluent | Red | 1 bottle | 1 bottle | (23 ml) Ready to use |
| Washing Buffer | White | 1 bottle | 2 bottles | (10 ml) 200X concentrate. Dilute in distilled water |
| Substrate Solution ; chromogen TMB | | 1 bottle (11 ml) | 1 bottle (24 ml) | Ready-to-use |
| Stop Reagent H ₂ SO ₄ | Black | 1 bottle | 2 bottles | (11 ml) Ready-to-use |

MATERIALS REQUIRED BUT NOT PROVIDED

- 5 ml and 10 ml graduated pipettes
- 5 µl to 1,000 µl adjustable single channel micropipettes with disposable tips
- 50 µl to 300 µl adjustable multichannel micropipette with disposable tips
- Multichannel micropipette reservoir
- Vortex, Mixer
- Beakers, flasks, cylinders necessary for preparation of reagents
- Device for delivery of wash solution (multichannel wash bottle or automatic wash system)
- Microwell strip reader capable of reading at 450 nm (620 nm as optional reference wave length)
- Glass-distilled or deionized water
- Statistical calculator with program to perform linear regression analysis

SAFETY

- Reagents are intended for in vitro use and are not for use in therapeutic procedures.
- All chemicals in this kit should be considered as potentially hazardous. We therefore recommend that this product is handled only by persons who have been trained in laboratory techniques and that it is used in accordance with the principles of good laboratory practice.
- The human serum included in this kit have been tested and found non reactive for HbsAg, anti HIV1 & 2 and anti VHC. Nevertheless, no known method can offer complete assurance that human blood derivatives will not transmitted hepatitis, AIDS or other infections. Therefore handling of reagents, serum or plasma specimens should be in accordance with local safety procedures.
- Do not mix or substitute reagents with those from other lots or other sources.
- Do not use kit reagents beyond expiration date on label.
- Do not expose kit reagents to strong light during storage or incubation.
- Do not pipette by mouth.
- Do not eat or smoke in areas where kit reagents or samples are handled.
- Avoid contact of skin or mucous membranes with kit reagents or specimens.
- Rubber or disposable latex gloves should be worn while handling kit reagents or specimens.
- Thoroughly mix the reagents and samples before use by agitation or swirling.
- Reagents containing preservative may be toxic if ingested.
- Avoid contact of substrate solutions with oxidizing agents and metal.

Issue 6 - 21-04-2009

Page 4 of 14

- When pipetting reagents, maintain a consistent order of addition from well-to-well. This will ensure equal incubation times for all wells.
- Respect incubation times described in the assay procedure.
- Avoid splashing or generation of aerosols.
- In order to avoid microbial contamination or cross-contamination of reagents or specimens which may invalidate the test use disposable pipette tips and/or pipettes.
- Use a clean plastic container to prepare the washing solution.
- All residual washing liquid must be drained from the wells by efficient aspiration or by decantation followed by tapping the plate forcefully on absorbent paper. Never invert the absorbent paper directly into the wells.
- Use clean, dedicated reagent trays for dispensing the conjugate and substrate reagents.
- Exposure to acids will inactivate the conjugate.
- Glass-distilled water or deionized water must be used for reagent preparation.
- Substrate solutions must be at room temperature prior to use.
- Decontaminate and dispose specimens and all potentially contaminated materials as if they could contain infectious agents. The preferred method of decontamination is autoclaving for a minimum of 1 hour at 121.5°C.

STORAGE INSTRUCTIONS

Store kit reagents between 2° and 8°C. Immediately after use remaining reagents should be returned to cold storage (2° to 8°C). Expiry of the kit and reagents is stated on box front labels.

The expiry of the kit components can only be guaranteed if the components are stored properly, and if, in case of repeated use of one component, the reagent is not contaminated by the first handling.

SPECIMEN COLLECTION, PROCESSING AND STORAGE

Cell culture supernatants, human serum, plasma or other biological samples will be suitable for use in the assay. Remove serum from the clot or red cells, respectively, as soon as possible after clotting and separation.

Cell culture supernatants: Remove particulates and aggregates by spinning at approximately 1000 x g for 10 min.

Serum: Avoid any inintentional stimulation of the cells by the procedure. Use pyrogen/endotoxin free collecting tubes. Serum should be removed rapidly and carefully from the red cells after clotting. For that, after clotting, centrifuge at approximately 1000 x g for 10 min and remove serum.

Plasma: EDTA, citrate and heparin plasma can be assayed. Spin samples at 1000 x g for 30 min to remove particulates. Harvest plasma.

Storage: If not analyzed shortly after collection, samples should be aliquoted (250-500µl) to avoid freeze-thaw cycles and stored frozen at –70°C. Avoid multiple freeze-thaw cycles of frozen specimens.

Recommendation: Do not thaw by heating at 37°C or 56°C. Thaw at room temperature and make sure that sample is completely thawed and homogeneous before assaying

Samples containing a visible precipitate must be clarified prior to use in the assay. Do not use grossly hemolyzed or lipemic specimens.

For sample stability, please refer to Performance Characteristics, Sample stability.

PREPARATION OF REAGENTS

<u>1. Washing Buffer</u>

Dilute the **Washing Buffer Concentrate** (200X) in a clean graduated cylinder. Mix gently to avoid foaming.

Pour entire contents (10 ml) of the Washing Buffer Concentrate into a clean 2,000 ml graduated cylinder. Bring final volume to 2,000 ml with glass-distilled or deionized water. Mix gently to avoid foaming. Transfer to a clean wash bottle and store at 2° to 25°C. Washing Buffer may be prepared as needed according to the following table:

| Number | Washing Buffer | Distilled |
|-----------|------------------|------------|
| of Strips | Concentrate (ml) | Water (ml) |
| 1 - 6 | 5 | 995 |
| 1 - 12 | 10 | 1,990 |

2. Preparation of Standard Diluent Buffer

Add the content of the vial (10X) to 225 ml distilled water before use.

3. Preparation of IFNy Standards

Depending on the type of samples you are assaying, the kit includes two standard diluents. Because biologicals fluids might contain proteases or cytokine-binding proteins that could modify the recognition of the cytokine you want to measure. You should reconstitute standard vials with the most appropriate Standard Diluent.

For serum and plasma samples: use Standard Diluent : human serum For cells culture supernatants: use Standard Diluent Buffer

Reconstitute IFN γ Standard by addition of appropriate Standard Diluent. Reconstitute volume is stated on the label of the standard vial.

This reconstitution produces a stock solution of 400 pg/ml IFN γ . Serial dilutions of standard must be made before each assays and cannot be stored.

4. Preparation of Controls

Freeze-dried control vials should also be reconstituted with the most appropriate Standard Diluent to your samples.

For serum and plasma samples: use Standard Diluent : human serum For cells culture supernatants: use Standard Diluent Buffer.

Control have to be reconstituted with the volume of Standard Diluent indicated on the vial. Reconstitution of the freeze-dried material with the indicated volume, will give a solution for which the IFN γ concentration is stated on the vial. Do not store after use.

5. Preparation of biotinylated anti IFNy

Preparation immediately before use is recommended. Dilute the biotinylated anti-IFN γ with the biotinylated antibody diluent in a clean glass vial. Biotinylated anti IFN γ may be prepared as needed according the following table. Extemporaneous preparations are recommended.

| Number | Biotinylated Antibody | Biotinylated Antibody |
|-----------|-----------------------|-----------------------|
| of Strips | Concentrate (µI) | Diluent (µI) |
| 2 | 40 | 1,060 |
| 3 | 60 | 1,590 |
| 4 | 80 | 2,120 |
| 6 | 120 | 3,180 |
| 12 | 240 | 6,360 |

6. Preparation of Streptavidin-HR

It is recommended to centrifuge vial for a few seconds in a microcentrifuge to collect all the volume at the bottom

Dilute the Streptavidin-HRP 1:100 just prior to use by adding 0.5 ml of HRP diluent to the vial containing Streptavidin-HRP concentrate. DO NOT KEEP THIS DILUTION FOR FURTHER EXPERIMENTS.

Make a further dilution with HRP-Diluent in a clean glass vial as needed according to the following table:

| Issue 6 | - 21-04-2009 | | Page 6 of 14 |
|---------|--------------|-----------------------|--------------|
| | Number | Pre-diluted | HRP |
| | of Strips | Streptavidin-HRP (µI) | Diluent (ml) |
| | 2 | 30 | 2 |
| | 3 | 45 | 3 |
| | 4 | 60 | 4 |
| | 6 | 75 | 5 |
| | 12 | 150 | 10 |

TEST PROTOCOL

- a. Mix all reagents thoroughly without foaming before use.
- b. Determine the number of microwell strips required to test the desired number of samples plus appropriate number of wells needed for running blanks and standards. Each sample, standard, blank, and control samples should be assayed in duplicate. Remove sufficient **Microwell Strips coated with Antibody to human IFN** from the aluminium pouch immediately prior to use. Return any wells not required for this assay with desiccant to the pouch. Seal tightly.
- c. Add 100µl of of **appropriate Standard Diluent** (see preparation of reagents) to standard wells B1, B2, C1, C2, D1, D2, E1, E2, F1, F2.

Reconstitute **standard vial** with the appropriate volume as described in the chapter preparation of reagents. Pipette 200 μ I of standard into wells A1 and A2 (see Figure 1 and 2). Transfer 100 μ I from A1 and A2 to B1 and B2 wells. Mix the contents by repeated aspirations and ejections. Take care not to scratch the inner surface of microwells. Repeat this procedure from the wells B1, B2 to wells C1, C2 and from wells C1, C2 to D1, D2 and so on creating two parallel rows of IFN standard dilutions ranging from 400 to 12.5 pg/ml. Discard 100 μ I from the content of the last microwells used (F1, F2).

Alternatively these dilutions can be done in separate tube and diluted standard pipetted directly into wells.

Figure 1. Preparation of IFNγ standard dilutions:

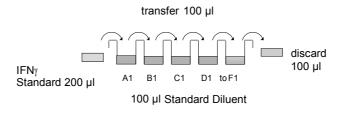


Figure 2. Diagram depicting an example of the arrangement of blanks, standards, samples and controls in the microwell strips:

| Stan | dard Coi pg/ | | ions | S Sample wells | | | | | | | | |
|------|-----------------|-------|------|----------------|---|---|---|---|---|----|----|----|
| | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| А | 400 | 400 | | | | | | | | | | |
| В | 200 | 200 | | | | | | | | | | |
| С | 100 | 100 | | | | | | | | | | |
| D | 50 | 50 | | | | | | | | | | |
| Е | 25 | 25 | | | | | | | | | | |
| F | 12.5 | 12.5 | | | | | | | | | | |
| G | Blank | Blank | | | | | | | | | | |
| н | Ctrl | Ctrl | | | | | | | | | | |

d. Add 100 µl of appropriate Standard Diluent in duplicate, to the blank wells (G1, G2).

Issue 6 - 21-04-2009

Page 7 of 14

- e. Add 100 μl of **Sample** to sample wells, in duplicate, to the designated wells and 100 μl of **reconstituted control vial**, in duplicate, to control wells (H1, H2).
- f. Prepare biotinylated anti IFN : (refer to Preparation of reagents 5.).
- g. Add 50 μI of diluted biotinylated anti IFN \Box to all wells.
- h. Cover with a Plate Cover and incubate at room temperature (18 $^{\circ}$ to 25 $^{\circ}$ C) for 2 hours.
- i. Remove the cover and wash the plate as follows:
 - 1. Aspirate the liquid from each well;
 - 2. Dispense 0.3 ml of washing solution into each well;
 - 3. Aspirate again the content of each well;
 - 4. Repeat step 2. and 3. two times
- j. Prepare Streptavidin-HRP solution just before use: (refer to Preparation of reagents 6.)
- k. Distribute 100 µl of **Streptavidin-HRP** solution to all wells, including blanks.
- I. Cover the plate and incubate the plate at room temperature (18 \Box C to 25 \Box C) for 30 min.
- m. Remove the cover and empty wells. Wash microwell strips according to step i. Proceed immediately to the next step.
- n. Pipette 100 µl of ready-to-use **TMB Substrate Solution** to all wells, including the blank wells and incubate in the dark for about 15-20 minutes at room temperature. Avoid direct exposure to light by wrapping the plate in aluminium foil.
- o. Incubation time of the substrate solution is usually determined by the ELISA reader performances. Many ELISA readers record absorbance only up to 2.0 O.D. Therefore the colour development within individual microwells must be watched by the person running the assay, and the substrate reaction stopped before positive wells are no longer properly recordable.
- p. The enzyme-substrate reaction is stopped by quickly pipetting 100 μl of H₂SO₄ : Stop Reagent into each well, including the blank wells to completely and uniformly inactivate the enzyme. Results must be read immediately after the H₂SO₄ : Stop Reagent is added.
- q. Read absorbance of each microwell on a spectro-photometer using 450 nm as the primary wave length (optionally 620 nm as the reference wave length; 610 nm to 650 nm is acceptable). Blank the plate reader according to the manufacturer's instructions by using the blank wells. Determine the absorbance of both, the samples, controls and the IFN□ standards.

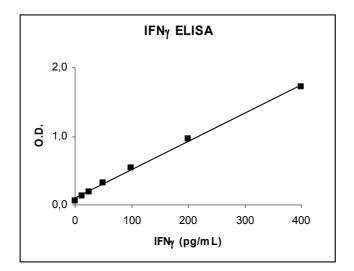
CALCULATION OF RESULTS

- Calculate the average absorbance values for each set of duplicate standards, samples and controls. Duplicates should be within 20 per cent of the mean.
- Create a linear standard curve by plotting the mean absorbance for each standard concentration on the ordinate against the IFNγ standard concentration on the abscissa.
- To determine the concentration of IFNγ in each sample, first find the mean OD value on the ordinate and extend a horizontal line to the standard curve. At the point of intersection, extend a vertical line to the abscissa and read the corresponding IFNγ concentration.

Note: Do not extrapolate the standard curve beyond the 400 pg/ml standard curve point. The dose-response is non-linear in this region and good accuracy is difficult to obtain. Concentrated samples (> 400 pg/ml) have to be diluted with standard diluent or with your own sample buffer. During analysis, multiply results by the appropriate dilution factor.

- A representative standard curve is shown in Figure 3. This curve cannot be used to derive test results. Every laboratory must prepare a standard curve for each group of microwell strips assayed.

Figure 3. Representative standard curve for IFNγ ELISA ranging from 12.5 to 400 pg/ml. Do not use this standard curve to derive test results. A standard curve must be run for each group of microwell strips assayed.



Typical data using the IFN_Y ELISA

| Measuring wavelength: | 450 nm |
|-----------------------|--------|
| Reference wavelength: | 620 nm |

| | IFNγ | O.D. | O.D. | C.V. |
|----------|---------------|----------|------|------|
| Standard | Concentration | (450 nm) | Mean | (%) |
| | (pg/ml) | | | |
| 1 | 400 | 1.71 | 1.72 | 1.0 |
| | 400 | 1.73 | | |
| 2 | 200 | 0.91 | 0.96 | 7.0 |
| | 200 | 1.01 | | |
| 3 | 100 | 0.53 | 0.54 | 1.8 |
| | 100 | 0.55 | | |
| 4 | 50 | 0.31 | 0.32 | 3.3 |
| | 50 | 0.33 | | |
| 5 | 25 | 0.19 | 0.19 | 1.9 |
| | 25 | 0.19 | | |
| 6 | 12.5 | 0.13 | 0.13 | 0.0 |
| | 12.5 | 0.13 | | |
| Blank | 0 | 0.06 | 0.06 | - |
| | 0 | 0.06 | | |

LIMITATIONS OF THE PROCEDURE

- Since exact conditions may vary from assay to assay, a standard curve must be established for every run.
- Bacterial or fungal contamination of either samples or reagents or cross-contamination between reagents may cause erroneous results.
- Disposable pipette tips, flasks or glassware are preferred, reusable glassware must be washed and thoroughly rinsed of all detergents before use.
- Improper or insufficient washing at any stage of the procedure will result in either false positive or false negative results. Completely empty wells before dispensing fresh Washing Buffer, fill with Washing Buffer as indicated for each wash cycle and do not allow wells to sit uncovered or dry for extended periods.

Issue 6 – 21-04-2009 PERFORMANCE CHARACTERISTICS

The limit of detection for IFN γ , defined as the analyte concentration resulting in an absorption significantly higher than the absorption of the dilution medium (mean plus three standard deviations) was determined to be less than 5 pg/ml (one session, 40 blank duplicates).

<u>Reproductibility</u>

a. Intra-assay

Reproductibility within the assay was evaluated in three independent experiments by two different technicians . Each assay was carried out with 6 replicates (3 duplicates) of 3 spiked serum or human pooled serum samples and 2 supernatants containing different concentrations of IFN γ . Data below show the mean IFN γ concentration and the coefficient of variation for each sample. The overall intra-assay coefficient of variation has been calculated to be 4.9%.

| Session | Samples | Assay 1 [IFNγ] pg/ml | Assay 2 [IFNy] pg/ml | Assay 3 [IFN ₇] pg/ml | Mean | SD | cv |
|---------|---------|-------------------------|-------------------------|--------------------------------------|------|------|------|
| | 1 | 282 | 267 | 271 | 273 | 7.8 | 2.9 |
| | 2 | 144 | 151 | 149 | 148 | 3.5 | 2.3 |
| 1 | 3 | 62 | 68 | 69 | 66 | 3.6 | 5.5 |
| | 4 | 68 | 62 | 55 | 62 | 6.9 | 11.1 |
| | 5 | 177 | 180 | 185 | 181 | 4.4 | 2.5 |
| | 1 | 275 | 263 | 278 | 272 | 7.7 | 2.8 |
| | 2 | 150 | 146 | 150 | 149 | 2.1 | 1.4 |
| 2 | 3 | 56 | 63 | 69 | 63 | 6.6 | 10.6 |
| | 4 | 83 | 77 | 71 | 77 | 5.9 | 7.7 |
| | 5 | 196 | 185 | 166 | 183 | 15.3 | 8.4 |
| | 1 | 262 | 242 | 257 | 254 | 10.1 | 4.0 |
| 3 | 2 | 127 | 132 | 130 | 130 | 2.3 | 1.8 |
| | 3 | 53 | 48 | 56 | 52 | 3.8 | 7.2 |
| | 4 | 65 | 63 | 66 | 65 | 1.7 | 2.6 |
| | 5 | 165 | 164 | 160 | 163 | 2.9 | 1.8 |

Example operator A

b. Inter-assay

Assay to assay reproductibility within one laboratory was evaluated in three independent experiments by thwo technicians. Each assay was carried out with 6 replicates of 3 spiked human pooled serum samples and 2 supernatants containing different concentration of IFN γ . Data below show the mean IFN γ concentration and the coefficient of variation. **The calculated overall coefficient of variation was 10%.**

| Technician | Session | Sample 1 [IFNy] pg/ml | Sample 2 [IFNy] pg/ml | Sample 3 [IFNy] pg/ml | Sample 4 [IFNy] pg/ml | Sample 5 [IFNy] pg/ml |
|------------|---------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| | | 282 | 144 | 62 | 68 | 177 |
| | 1 | 267 | 151 | 68 | 62 | 180 |
| | | 271 | 149 | 69 | 55 | 185 |
| | | 275 | 150 | 56 | 83 | 196 |
| А | 2 | 263 | 146 | 63 | 77 | 185 |
| | | 278 | 150 | 69 | 71 | 166 |
| | | 262 | 127 | 53 | 65 | 165 |
| | 3 | 242 | 132 | 48 | 63 | 164 |
| | | 257 | 130 | 56 | 66 | 160 |
| | 1 | 270 | 142 | 44 | 82 | 191 |
| | | 251 | 139 | 46 | 76 | 182 |
| | | 261 | 136 | 51 | 73 | 180 |
| | | 266 | 115 | 54 | 92 | 207 |
| В | 2 | 245 | 125 | 62 | 94 | 208 |
| | | 228 | 117 | 48 | 86 | 201 |
| | | 283 | 146 | 55 | 77 | 162 |
| | 3 | 259 | 139 | 60 | 73 | 162 |
| | | 289 | 145 | 52 | 79 | 163 |
| Mean | | 264 | 138 | 56 | 75 | 180 |
| SD | | 16 | 11 | 8 | 11 | 16 |
| cv | | 6 | 8 | 14 | 14 | 9 |

Spike Recovery

The spike recovery was evaluated by spiking three concentrations of recombinant IFN γ into human serum samples or pooled normal human sera. As shown below recoveries were determined in two independent experiments with 6 replicates each. **Recoveries ranged from 88% to 100% with an overall mean recovery of 94%.**

| IFNγ Spike (pg/ml) | Experiment | Recovery (%) |
|-----------------------|------------|--------------|
| (pg/ml) | | IFNγ |
| | 1 | 95 |
| 400 | 2 | 100 |
| | 1 | 88 |
| 200 | 2 | 81 |
| | 1 | 98 |
| 80 | 2 | 99 |

Dilution Parallelism

Three serum samples and one human pooled serum (spiked) with different levels of IFN γ were analysed at different serial two fold dilutions (1:2 – 1:8) with 2 replicates each. In the table below the per cent recovery of expected values is listed. **Recoveries ranged from 87% to 126% with an overall mean recovery of 107%.**

| | | IFNγ concentration (pg/ml) | | | | |
|--------|----------|----------------------------|----------------|---------------|--|--|
| | | Expected Value | Observed Value | % Recovery | | |
| Sample | Dilution | | | of Exp. Value | | |
| 1 | 1:2 | * | 444 | | | |
| | 1:4 | 222 | 279 | 126 | | |
| | 1:8 | 140 | 147 | 105 | | |
| 2 | 1:2 | * | 405 | | | |
| | 1:4 | 203 | 240 | 118 | | |
| | 1:8 | 120 | 126 | 105 | | |
| 3 | 1:2 | * | 381 | | | |
| | 1:4 | 191 | 211 | 111 | | |
| | 1:8 | 105 | 104 | 99 | | |
| 4 | 1:2 | * | 312 | | | |
| | 1:4 | 156 | 167 | 107 | | |
| | 1:8 | 84 | 72 | 87 | | |

Sample stability

a. Freeze-Thaw Stability

Three aliquots of 2 serum samples (spiked) were stored at -20°C and thawed up 5 times, and the IFN γ levels determined. As shown in the table below, there was a little loss of IFN γ after 5 cycles of freezing and thawing (11%)

| N° of Freeze | IFNγ Sample 1 | | IFNy Sample 2 | |
|--------------|-----------------------|--------------|--------------------------|--------------|
| Thaw cycles | Concentration (pg/ml) | Recovery (%) | Concentration (pg/ml) | Recovery (%) |
| 0 | 146 | 100 | 295 | 100 |
| 1 | 148 | 101 | 275 | 93 |
| 3 | 146 | 100 | 273 | 92 |
| 5 | 128 | 87 | 263 | 89 |

b. Storage stability

Aliquots of 2 serum samples (spiked) were stored at -20°C, 2-8°C, room temperature (RT) and at 37°C, and the IFN γ level determined after 24 h. As shown in the table below, there was no significant loss of IFN γ immunoreactivity during storage at RT and 2-8°C and slight loss after one night at 37°C.

| Storage | IFNγ Sample 1 | | IFNy Sample 2 | |
|-------------|-----------------------|--------------|--------------------------|--------------|
| Temperature | Concentration (pg/ml) | Recovery (%) | Concentration (pg/ml) | Recovery (%) |
| -20°C | 205 | 100 | 184 | 100 |
| 2-8°C | 196 | 96 | 209 | 113 |
| RT | 208 | 90 | 199 | 108 |
| 37°C | 173 | 85 | 165 | 90 |

Specificity

The assay recognizes both natural and recombinant human IFN γ . To define the specificity of this ELISA several proteins were tested for cross reactivity. There was no cross reactivity observed for any protein tested (IL-1 α ,IL-1 β , IL-10, IL-12, IL-4, IL-6, TNF α , IL-8, and IL-13).

Expected serum values

A panel of 40 human sera and 40 human plasma was tested for IFN γ . All were below the detection level <5 pg/ml except one sample with a concentration of 7,5 pg/ml for serum and 24 pg/ml for plasma.

Standard Calibration

This immunoassay is calibrated against the International Reference Standard NIBSC 88/606. NIBSC 88/606 is quantitated in International Units (IU), 1IU corresponding to 0.28 ng Diaclone IFNγ.

BIBLIOGRAPHY

- 1. Aoki, Y., Katoh, O., Nakanishi, Y., Kuroki, S., and Yamada, H. (1994). A comparison study of IFN-gamma, ADA, and CA125 as the diagnostic parameters in tuberculous pleuritis. Respir. Med. 88, 139-143.
- 2. Capobianchi, M. R., Ameglio, F., Tosi, R., and Dolei, A. (1985). Differences in the expression and release of DR, BR, and DQ molecules in human cells treated with recombinant interferon gamma: comparison to other interferons.
 - Hum. Immunol. 13, 1-11.
- Ciampolillo, A., Guastamacchia, E., Caragiulo, L., Lollino, G., De Robertis, O., Lattanzi, V., and Giorgino, R. (1993). In vitro secretion of interleukin-1 beta and interferon-gamma by peripheral blood lymphomononuclear cells in diabetic patients. Diabetes Dec. Clin. Prost. 21, 87-03.
- Diabetes Res. Clin. Pract. 21, 87-93.
 4. Cunningham, A. L., Nelson, P. A., Fathman, C. G., and Merigan, T. C. (1985). Interferon gamma production by herpes simplex virus antigen-specific T cell clones from patients with recurrent herpes labialis.
- J. Gen. Virol. 66, 249-258.
 5. Davidson, P. M., Creati, L., Wood, P. R., Roberton, D. M., and Hosking, C. S. (1993). Lymphocyte production
- of gamma-interferon as a test for non-tuberculous mycobacterial lymphadenitis in childhood.
 Eur. J. Pediatr. 152, 31-35.
 6. Edwards, B. S., Merritt, J. A., Fuhlbrigge, R. C., and Borden, E. C. (1985). Low doses of interferon alpha
- Edwards, B. S., Merritt, J. A., Funibrigge, R. C., and Borden, E. C. (1985). Low doses of interferon alpha result in more effective clinical natural killer cell activation. J. Clin. Invest. 75, 1908-1913.
- Gajewski, T. F., and Fitch, F. W. (1993). Anti-proliferative effect of IFN-gamma in immune regulation. I. IFNgamma inhibits the proliferation of Th2 but not Th1 murine helper T lymphocyte clones. J. Immunol. 140, 4245-4252.
- Le thi Bich Thuy, Queen, C., and Fauci, A. S. (1986). Interferon- gamma induces light chain synthesis in interleukin 2 stimulated human B cells. Eur. J. Immunol. 16, 547-550.
- Mosmann, T. R., Cherwinski, H., Bond, M. W., Giedlin, M. A., and Coffman, R. L. (1986). Two types of murine helper T cell clone. I. Definition according to profiles of lymphokine activities and secreted proteins. J. Immunol. 136, 2348-2357.
- 10.Nast, C. C., Zuo, X. J., Prehn, J., Danovitch, G. M., Wilkinson, A., and Jordan, S. C. (1994). Gammainterferon gene expression in human renal allograft fine-needle aspirates. Transplantation 57,498-502.
- Naylor, S. L., Sakaguchi, A. Y., Shows, T. B., Law, M. L., Goeddel, D. V., and Gray, P. W. (1983). Human immune interferon gene is located on chromosome 12. J. Exp. Med. 157, 1020-1027.
- 12.Olsson, T. Multiple sclerosis,cerebrospinal fluid. (1994). Ann. Neurol. 36 Suppl, 100-102.
- Romagnani, S., Giudizi, M. G., Biagiotti, R., Almerigogna, F., Mingari, C., Maggi, E., Liang, C. M., and Moretta, L. (1986). B cell growth factor activity of interferon-gamma. Recombinant human interferon-gamma promotes proliferation of anti-mu-activated human B lymphocytes. J. Immunol. 136, 3513-3516.
- 14.Sampaio, E. P., Kaplan, G., Miranda, A., Nery, J. A., Miguel, C. P., Viana, S. M., and Sarno, E. N. (1993). The influence of thalidomide on the clinical and immunologic manifestation of erythema nodosum leprosum. J. Infect. Dis. 168, 408-414.
- 15.Sastre, L., Roman, J. M., Teplow, D. B., Dreyer, W. J., Gee, C. E., Larson, R. S., Roberts, T. M., and Springer, T. A. (1986). A partial genomic DNA clone for the alpha subunit of the mouse complement receptor type 3 and cellular adhesion molecule Mac-1. Proc. Natl. Acad. Sci. U. S. A. 83, 5644-5648.
- 16.Shinde, S. R., Chiplunkar, S. V., Butlin, R., Samson, P. D., Deo, M. G., and Gangal, S. G. (1993). Lymphocyte proliferation, IFN-gamma production and limiting dilution analysis of T-cell responses to ICRC and Mycobacterium leprae antigens in leprosy patients. Int. J. Lepr. Other Mycobact. Dis. 61, 51-58.
- Sidman, C. L., Marshall, J. D., Shultz, L. D., Gray, P. W., and Johnson, H. M. (1984). Gamma-interferon is one of several direct B cell-maturing lymphokines. Nature 309, 801-804.
- 18. Soliman, A. A., el Aggan, H. A., el Hefnawy, A. M., Mahmoud, S. A., and Abo Deya, S. H. (1994). The value of ascites adenosine deaminase activity and interferon gamma level in discriminating tuberculous from non-tuberculous ascites.
 - J. Egypt. Soc. Parasitol. 24, 93-105.
- 19.Suomalainen, H., Soppi, E., Laine, S., and Isolauri, E. (1993). Immunologic disturbances in cow's milk allergy,
 2: Evidence for defective interferon-gamma generation.
 Pediatr. Allergy Immunol. 4, 203-207.
- 20. Tang, M. L. K., Kemp, A. S., Thorburn, J., and Hill, D. J. (1994). Reduced interferon-gamma secretion in neonates and subsequent atopy. Lancet 344, 983-985.
- Urban, J. L., Shepard, H. M., Rothstein, J. L., Sugarman, B. J., and Schreiber, H. (1986). Tumor necrosis factor: a potent effector molecule for tumor cell killing by activated macrophages. Proc. Natl. Acad. Sci. U. S. A. 83, 5233-5237.

| RE | EAGENT PREPARATIO | N SUMMARY | | | | | | |
|----|--|--|---|---------------------------------------|--|--|--|--|
| 1. | 1. Washing Buffer Add Washing Buffer Concentrate 200 X (10 ml) to 1990 ml distilled wate | | | | | | | |
| 2 | Standard Diluent Buffer | Buffer Add Standard Diluent Buffer Concentrate 10 X (25 ml) to 225 ml distilled water | | | | | | |
| 3. | IFNγ Standard | Reconstitute IFNγ Standard by addition of appropriate Standard Diluent as stated on vial label. | | | | | | |
| 4. | Controls | Reconstitute controls by addition of appropriate Standard Diluent as stated on vial label. | | | | | | |
| 5. | Biotinylated anti IFN γ | Number of Strips | Biotinylated Antibody Concentrate (μl) | Biotinylated Antibody Diluent (µl) | | | | |
| | | 2 | 40 | 1,060 | | | | |
| | | 3 | 60 | 1,590 | | | | |
| | | 4 | 80 | 2,120 | | | | |
| | | 6 | 120 | 3,180 | | | | |
| | | 12 | 240 | 6,360 | | | | |
| 6. | Streptavidin-HRP | Number | Pre-Diluted Streptavidin- | | | | | |
| | | of Strips | HRP (µl) | HRP-Diluent (ml) | | | | |
| | | 2 | 30 | 2 | | | | |
| | | 3 | 45 | 3 | | | | |
| | | 4 | 60 | 4 | | | | |
| | | 6 | 75 | 5 | | | | |
| | | 12 | 150 | 10 | | | | |

Page 13 of 14

TEST PROTOCOL SUMMARY: Total procedure length: 2h45mn

- Add 100 µl of appropriate Standard Diluent Buffer, in duplicate, to standard wells (B1 to F2)
- Pipette 200 µl reconstituted IFNγ Standard in wells A1 and A2 and create standard dilutions ranging from 400 to 12.5 pg/ml by transferring 100 µl from well to well. Discard 100 µl from the last wells.
- Add 100 µl of appropriate **Standard Diluent Buffer**, in duplicate, to the blank wells.
- Add 100 µl of **Sample**, in duplicate, to designated wells and 100 µl of reconstituted **control**, in duplicate, to control wells.
- Prepare Biotinylated anti IFNγ

Issue 6 - 21-04-2009

- Add 50 μl of diluted biotinylated anti IFNγ to all wells
- Cover microwell strips and incubate 2 hours at room temperature (18-25°C)
- Empty and wash microwell strips 3 times with Washing Buffer
- Prepare Streptavidin-HRP
- Add 100 µl of diluted Streptavidin-HRP to all wells
- Incubate 30 minutes covered at room temperature (18° to 25°C).
- Empty and wash microwell strips 3 times with Washing Buffer
- Add 100 µl of ready-to-use TMB solution to all wells including blank wells.
- Incubate the microwell strips for about 12-15 minutes at room temperature (18° to 25°C) in the dark.
- Add 100 µl H₂SO₄: **Stop Solution** to all wells including blank wells.
- Measure colour intensity at 450 nm and optinally at 620 nm as the reference wave length (610 nm to 650 nm is acceptable).

Note: Calculation of samples with an O.D. exceeding the range of the standard curve may result in incorrect, low IFNγ levels. Such samples require further dilution with appropriate Standard Diluent Buffer in order to precisely quantitate the actual IFNγ level.